



DEPARTMENTS OF THE ARMY AND THE AIR FORCE

NATIONAL GUARD BUREAU
WASHINGTON, D. C. 20310-2500



NGB-ARS (340d)

5 MAR 1991

MEMORANDUM FOR THE ADJUTANTS GENERAL OF ALL STATES, PUERTO RICO,
THE VIRGIN ISLANDS, GUAM AND THE DISTRICT OF
COLUMBIA

SUBJECT: (All States Log Number P91-0019) Army National
Guard (ARNG) Screening For Phase I Cardiovascular Screening
Program (CVSP)

1. References:

- a. AR 40-501, Para 8-27, dtd 15 May 89.
- b. NGR 40-501, Para 2-d, 2-e, 2-f, dtd 30 Oct 81.

2. The following guidance is established for actions necessary to accomplish Phase I, CV screening for ARNG soldiers. It will expire 1 April 92, unless superseded prior to that date.

3. ARNG soldiers over the age of 40 and who needed but were not Phase I CV screened prior to 1 Jan 89 must take a new physical examination (PE) which includes a Phase I CV screen.

4. ARNG soldiers who turned 40 and who were not Phase I CV screened between 1 Jan 89 and 1 Jan 91 will be screened without a PE as follows:

- a. The soldier must sign a statement indicating any changes in his/her health since their last PE. Noncompliance constitutes a CV screen failure. If there are significant changes in the soldier's health, a new PE including a Phase I CV screen will be directed.

- b. A determination of Phase I CV screen clearance will be made by collecting a Health Risk Appraisal (HRA) assessment, DA Form 5675, to include lab, EKG, and blood pressure values.

5. All AGR soldiers must have a CV screen accomplished upon reaching age 40. If the last periodic PE is less than two years old, a CV screen can be accomplished by:

- a. The soldier must sign a statement indicating any changes in his/her health since their last PE. Noncompliance constitutes a CV screen failure. If there are significant changes in the soldier's health, a new PE including a Phase I CV screen will be directed.

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b. A determination of Phase I CV screen clearance will be made by collecting a Health Risk Appraisal (HRA) assessment, DA Form 5675, to include lab, EKG and blood pressure values.

c. Having just the CV screen (not the PE) done locally, if the AGR soldier does not have access to a federal military medical treatment facility within 50 miles.

d. If the last periodic PE is over 2 years old, or the soldier's statement indicates a significant change in his/her health, the AGR soldier must obtain a new periodic PE with CV screen at a federal military medical treatment facility.

6. All ARNG soldiers who failed Phase I may only be cleared by passing Phase II. No soldier will be cleared by repeating Phase I.

7. All periodic PEs for individuals age 38 and over will include CV screening.

8. Reference 1b above establishes the frequency of PEs for General Officers to be annually, Lieutenant Colonels/Colonels every two years, and for Majors and below every four years. All physicals submitted for review to NGB-ARS on soldiers age 38 or over shall include the CVS/HRA.

9. Aviation personnel are required to have their annual physicals reviewed and approved by Ft Rucker. The annual aviation Flying Duty Medical Examination (FDME) includes a more stringent CV screen which is not to be confused with the non-aviation CV screen discussed in this memorandum.

10. In the event aviation personnel fail the FDME screen, Ft Rucker will review, recommend, and approve further aviation screening which may be done in the State. In the event aviation personnel do not pass further CV screening, Ft Rucker will schedule the soldier for a more sophisticated evaluation at Brooks Air Force Base, TX.

11. CVSP Phase II funds allocated to the states by NGB-ARS for ARNG soldiers may also be used to help pay for aviation CV screens so long as the tests are those already outlined in AR 40-501, para 8-27. Funding for additional tests specific to aviation personnel or recommended by Ft Rucker not covered under

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AR 40-501, para 8-27 will come out of the state's general medical account. Consult with your local Flight Surgeon regarding applicable aviation policy memoranda.

12. Soldier duty status for the conduct of Phase II CVSP, if not done in an IDT status, may be authorized ADSW with or without pay and allowances. POC is CW4 John F. Lynch, NGB-ARP-0, DSN 225-0072.

13. POC for the CVSP is MAJ Ed DuRant, Park Center IV, Rm 410, 4501 Ford Ave, Alexandria, VA 22302-1451, AV 289-1223 or COMM 703-756-1223.

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