



DEPARTMENTS OF THE ARMY AND THE AIR FORCE
NATIONAL GUARD BUREAU
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07 OCT 2005

NGB-ARH

MEMORANDUM FOR ALL HUMAN RESOURCE OFFICERS (HROs) and ACTIVE
GUARD RESERVE (AGR) MANAGERS

SUBJECT: Policy for Accession and Retention in the AGR Program, Medical Fitness
Standards (NGB-ARH Policy Memo #05-074)

1 References:

- a. AR 40-501, Standards of Medical Fitness, 01 February 2005
- b. Memorandum, AFEB, 24 December 2002, subject: Testing Interval for Human Immunodeficiency Virus (HIV-1) Infection in Military Personnel – 2003-05
- c. Memorandum, Health Affairs, 29 March 2004, subject: Policy Memorandum – Human Immunodeficiency Virus Interval Testing (HA Policy: 04-007)
- d. AR 600-60, Physical Performance Evaluation System, 25 June 2002
- e. DA PAM 611-21, Military Occupational Classification and Structure, 31 March 1999
- f. Memorandum, HQDA, DAPE-MPE-RC, 6 June 2003, subject: Request for Exception to Policy for Army National Guard (ARNG) Active Guard Reserve (AGR) Medical Fitness
- g. Memorandum, HQDA, 18 June 2003, subject: Request for Exception to Policy for Army National Guard (ARNG) Active Guard Reserve (AGR) Medical Fitness
- h. AR 135-18, The Active Guard Reserve (AGR) Program, 01 November 2004

2. This policy supersedes policy memorandum ARH Memo 05-055 dated 5 August 2005, Subject: Policy for Accession and Retention in the AGR Program, Medical Fitness Standards, and will remain in effect until superseded.

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3. Accessions into the AGR Program require the following Medical Fitness Standards:

a. A favorable retention physical examination (IAW AR 40-501, Chapter 3) conducted within 24 months prior to initial entry into the AGR program.

b. A Human Immune Deficiency Virus (HIV) test within 24 months prior to initial entry into the AGR program IAW with reference 1b and 1c above.

4. Soldiers with a favorable enlistment or appointment physical examination (IAW AR 40-501, Chapter 2) or flight physical examination (IAW AR 40-501, Chapter 4) conducted within 24 months prior to initial entry into the AGR program are not required to complete an additional retention physical examination (IAW AR 40-501, Chapter 3) for entry into the AGR program.

5. Favorable physical examinations (IAW AR 40-501, Chapters 3) must meet the following conditions:

a. Conducted within 24 months prior to initial entry into the AGR program.

b. Conducted at an active military medical treatment facility, at an ARNG medical unit or at a United States Army Reserve (USAR) medical unit.

c. For physical examinations conducted between 12 months and 24 months prior to initial entry into the AGR program, the applicant must also submit a DA Form 7349, Annual Medical Certificate, reviewed and validated through a personal interview by the State/Territory Surgeon or Health Care Provider Designee (physician, physician's assistant or nurse practitioner) within 60 days prior to the first day of the AGR duty.

6. Soldiers whose Physical Profile Serial (PULHES) contains a "3" or a "4" must have a completed Military Occupational Specialty (MOS) Medical Retention Board (MMRB) IAW AR 600-60. The MMRB must have awarded a recommendation that states that the Soldier will be "Retained in Current Primary MOS". If the MMRB recommendation is not "Retained in Current Primary MOS", the commander is responsible for processing the Soldier per the board's recommendation.

7. AGR Soldiers must continue to meet medical standards of chapters 3, 4, or 5 of AR 40-501 as applicable.

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8. If an AGR Soldier is unable to perform his duties (IAW DA PAM 611-21), it is the commander's responsibility to refer the Soldier for a Fitness for Duty (FFD) Evaluation IAW chapter 10, AR 40-501. The medical community will issue the appropriate DA from 3349 and return the Soldier to duty, refer the Soldier to the Physical Performance Evaluation System (IAW AR 600-60) or refer the Soldier to the Physical Disability Evaluation System (IAW AR 40-400 or AR 635-40) as applicable.

9. The medical community makes recommendations to the commander based upon the Soldier's medical fitness, but it is the commander's choice whether to deploy a Soldier. Chapter 3, Medical Fitness Standards for Retention is appropriate for accession into the AGR program.

10. The point of contact for this action is CPT Cleopatra Thompson at 703-607-5877, DSN 327-5877 or by email at cleopatra.thompson@ngb.army.mil.



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