

NFL High School Player Development (HSPD)

Table of Contents

[Summary](#)

[Frequently Asked Questions](#)

[Links](#)

[Points of Contact](#)



Summary

The HSPD presented by The National Guard provides incoming high school sophomores through seniors a 5 day camp that focuses on character development and specific football skill training by position. Through the program, each participant will gain full awareness of what is necessary to become a successful collegiate student-athlete.

The program contains two specific elements – character development and on-field football development. The first day of the program is devoted entirely to the character development portion of the program. Each student-athlete receives a planner, instruction on how to use the planner and explanation of all the elements of the planner. The coaches discuss selected life skills topics in small group sessions using community leaders, such as National Guardsmen as guest speakers.

The following four days allow players to split time focusing on one offensive and one defensive position on the field. Players will participate in a progression of skills to improve their game. Coaches are encouraged to incorporate the life skills during the on-field portion as applicable.

[Back to top](#)

Frequently Asked Questions

Q. When was HSPD started?

A. The program was started in 2001 to aid in the development of inner-city and underserved areas to develop their football programs and players. It started in New York City with four sites and has grown each year to its current size of over 100 sites nationwide.

Q. How long does it take to complete the program?

A. The High School Player Development program is comprised of fundamental skill development by position, coach evaluations and individual competitions (for 10 total hours of programming). The program is run over the course of one week (two hours per day), from May to August depending on state and local rules.

Q. What off the field development actions does the program focus on?

A. Character Development is comprised of:

- Preparation for standardized tests
- Maintaining a certain G.P.A.
- Preparing for life after school
- Character development modules
- Successful use of a [student planner](#)

Q. Where do I find the on the field curriculum?

A. A sample on the field curriculum can be found [here](#).

Q. Where do I find site locations?

A. HSPD ongoing and future locations can be found [here](#). You can view past locations via the State locator [site](#).

[Back to top](#)

Links

- [NFL Tackle Football HSPD](#)
This site provides information regarding the HSPD program, the site locations, character development curriculum, college resources, and news/media coverage.
- [National Guard HSPD Overview](#)
This National Guard HSPD provides a special view from inside the camp and testimonials about the program.

[Back to top](#)

Points of Contact

- [NFL League Office – Football Operations and HSPD Online](#)

[Back to top](#)

23 SEP 10